



DIET FOR LIFE

Health Management

Cognitive Enhancement & Bone & Joint Health

SUGGESTED USE: As a dietary supplement, take 1 capsule daily. Do not exceed 2 capsules per day.

CAUTION: Do not exceed recommended dose. St. John's Wort may contribute to photosensitivity resulting in skin irritation and redness in persons exposed to strong sunlight or tanning booths. Avoid in patients at risk of bleeding, taking anticoagulants, or with clotting disorders, based on case reports of bleeding. Discontinue use 2 weeks prior to some surgical and dental procedures due to increased risk of bleeding. Use cautiously in patients with history of seizure, based on reports of seizure due to Ginkgo seed ingestion. Use cautiously in children. Avoid use in couples who are trying to conceive, based on theoretical reduction of fertility. Pregnant or nursing mothers, children under 18, individuals taking MAO Inhibiting Drugs, or with a known medical condition should consult a physician before using this or any dietary supplement.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.

Distributed by:
Diet For Life
Chicago, IL 60640
www.dietforlife.biz
866-856-0999
Product Code: 170040 4199-5328-798A

HEALTH FOR LIFE

PURE QUALITY SUPPLEMENTS

Sharp Mind Matrix
✓ The Ultimate Brain Formula

Dietary Supplement - 30 Capsules

Supplement Facts
Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Ginkgo Biloba (as 24% extract)	50 mg*
Phosphatidylserine Complex	125 mg*
Acetyl-L-Carnitine	50 mg*
St. John's Wort (as 3% extract)	250 mg*
Glutamine (as L-glutamine hydrochloride)	150 mg*
DMAE Bitartrate	50 mg*
Biotin (20% biotinoids)	100 mg*
Vinpocetine	2 mg*

*Daily Value not established.

Other Ingredients: Silica, magnesium stearate, gelatin.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

Distributed by:
Diet For Life
Chicago, IL 60640
www.dietforlife.biz
866-856-0999
Product Code: 170032 4199-2151-2151B

SUGGESTED USE: As a dietary supplement, take one (1) to four (4) tablets daily.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

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KEEP OUT OF THE REACH OF CHILDREN
DO NOT USE IF OUTER SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

Distributed by:
Diet For Life
Chicago, IL 60640
www.dietforlife.biz
866-856-0999
Product Code: 170016 4199-4029-4029A

HEALTH FOR LIFE

PURE QUALITY SUPPLEMENTS

Bone Health with Calcium
✓ 250mg Calcium with Vitamin D

Dietary Supplement - 100 Tablets

Supplement Facts
Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin D (cholecalciferol)	250 IU 63%
Calcium (carbonate)	250 mg 25%

*Daily value not established.

Other Ingredients: Dicalcium phosphate, cellulose, croscarmellose sodium, silicon dioxide, stearic acid and magnesium stearate.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellfish.

STORE IN A COOL, DRY PLACE.

Distributed by:
Diet For Life
Chicago, IL 60640
www.dietforlife.biz
866-856-0999
Product Code: 170017 4199-1179-11447A

SUGGESTED USE: As a dietary supplement, take one (1) to two (2) tablets three times daily.

CAUTION: Do not exceed recommended dose. This product is not intended for persons with allergies to shellfish. Not to be used by pregnant or nursing mothers or children under the age of 18. If you have questions about the advisability of taking this product, consult your physician prior to use.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellfish.

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Distributed by:
Diet For Life
Chicago, IL 60640
www.dietforlife.biz
866-856-0999
Product Code: 170023 4199-5211-115A

HEALTH FOR LIFE

PURE QUALITY SUPPLEMENTS

Joint Health
✓ Maximum Support for Joints

Dietary Supplement - 90 Tablets

Supplement Facts
Serving Size 2 Tablets

Amount Per Serving	%Daily Value
Vitamin A (acetate)	100 IU 2%
Vitamin C (as ascorbic acid)	1 mg 2%
Vitamin E (as dl-Alpha-tocopheryl acetate)	1 IU 2%
Vitamin B-1 (thiamine HCl)	1 mg 67%
Vitamin B-2 (riboflavin)	1 mg 50%
Niacinamide	1 mg 50%
Vitamin B-6 (as pyridoxine HCl)	1 mg 50%
Vitamin B-12 (cyanocobalamin)	10 mcg 167%
Manganese (sulfate)	325 mcg 16%
Zinc (zinc oxide)	200 mcg 16%
Selenium (selenic acid chelate)	25 mcg 25%
Copper (amine acid chelate)	100 mcg 50%
Chromium (amine acid chelate)	25 mcg 17%

Other Ingredients: Gelatin, calcium phosphate, cellulose, croscarmellose sodium, and magnesium stearate.

ALLERGEN WARNING: CONTAINS FISH (SEA MUSSEL), SUGAR, AND SALT.

*Daily Value not established.

Other ingredients: dicalcium phosphate, stearic acid, croscarmellose sodium, and magnesium stearate.

ALLERGEN WARNING: CONTAINS FISH (SEA MUSSEL), SUGAR, AND SALT.

product is not intended to treat, cure, prevent or diagnose any disease.

Distributed by:
Diet For Life
Chicago, IL 60640
www.dietforlife.biz
866-856-0999
Product Code: 170035 4199-3230-280A

SUGGESTED USE: As a dietary supplement, take one (1) to two (2) soft gels daily.

CAUTION: Do not exceed recommended dose. This product is not intended for persons with allergies to shellfish. Not to be used by pregnant or nursing mothers or children under the age of 18. If you have questions about the advisability of taking this product, consult your physician prior to use.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellfish.

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Diet For Life
Chicago, IL 60640
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866-856-0999
Product Code: 170025 4199-5211-115A

HEALTH FOR LIFE

PURE QUALITY SUPPLEMENTS

Pain Free
✓ 1300mg

Dietary Supplement - 30 Softgels

Supplement Facts
Serving Size 1 Softgel Capsule

Amount Per Serving	% Daily Value
Calories from Fat	15
Calories	15
Total Fat	1.5g 2%*
Polysaturated Fat	1g **
Evening Primrose Oil	1,300 mg **
Cis-Linolenic Acid (LA) 69mg	
Gamma-Linolenic Acid (GLA) 117mg	

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: Gelatin, glycerin and purified water.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

SUGGESTED USE: As a dietary supplement, take one (1) to three (3) tablets daily.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

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Distributed by:
Diet For Life
Chicago, IL 60640
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866-856-0999
Product Code: 170042 4199-2294-184A

HEALTH FOR LIFE

PURE QUALITY SUPPLEMENTS

Super Cal/Mag Formula
✓ 1000mg Calcium / 500mg Magnesium

Dietary Supplement - 120 Tablets

Supplement Facts
Serving Size 3 Tablets

Amount Per Serving	%Daily Value
D-3 (Cholecalciferol)	200 IU 50%
Calcium (Oyster Shell)	1000 mg 100%
Magnesium (Oxide)	500 mg 125%

*Daily Value not established.

In a bottle containing the following trace minerals, which are naturally obtained and are in the exact proportions that exist in ancient sea water from which life arose:

Aluminum	Fluoride	Neodymium	Sodium
Antimony	Strontium	Nickel	Strontium
Barium	Tellurium	Phosphorus	Sulfur
Bismuth	Tantalum	Potassium	Tantalum
Boron	Tin	Platinum	Tellurium
Bromine	Titanium	Phosphorus	Thallium
Calcium	Vanadium	Potassium	Thulium
Chromium	Vanadium	Potassium	Thulium
Cobalt	Vanadium	Potassium	Thulium
Copper	Vanadium	Potassium	Thulium
Dysprosium	Vanadium	Potassium	Thulium
Erbium	Vanadium	Potassium	Thulium
Europium	Vanadium	Potassium	Thulium

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Barium	Tellurium	Phosphorus	Sulfur
Bismuth	Tantalum	Potassium	Tantalum
Boron	Tin	Platinum	Tellurium
Bromine	Titanium	Phosphorus	Thallium
Calcium	Vanadium	Potassium	Thulium
Chromium	Vanadium	Potassium	Thulium
Cobalt	Vanadium	Potassium	Thulium
Copper	Vanadium	Potassium	Thulium
Dysprosium	Vanadium	Potassium	Thulium
Erbium	Vanadium	Potassium	Thulium
Europium	Vanadium	Potassium	Thulium

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